

# PLAYDOUGH

## Ingredients & Instructions

### **Ingredients: (No-Cook Playdough)**

- A Bowl and Large Spoon
- 2 Cups Flour
- 1 Cup Salt
- 1 Cup Water
- 2 Tablespoons Cooking Oil
- Optional additions such as Scent, Glitter, Food Coloring

### **Instructions:**

*This is an easy recipe kids can make without adult help*

Mix flour and salt together in the bowl. Mix water and oil together and gradually pour into the flour mixture, stirring as you add. Add any optional ingredients. Mix thoroughly. Now use your hands to gather the dough up and transfer to a lightly floured clean surface. Knead the dough. The more you knead, the stretchier and smoother it will become. Store in an airtight container. To keep your creations let air dry or with adult help bake in a slow oven (approximately 300 degrees) for several hours until hard. Dough can be painted or decorated when completely dry.

### **Ingredients: (Cooked Playdough)**

- A Pot for cooking and a Large Spoon
- 2 Cups Flour
- 1 Cup Salt
- 2 Cups Water
- 2 Tablespoons Cooking Oil
- 1 Tablespoon Cream of Tartar
- Optional additions such as Scent, Glitter, Food Coloring

### **Instructions:**

*This recipe requires some adult help to cook the dough*

Mix all ingredients in cooking pot. With adult help, heat over low heat, stirring constantly. Continue until mixture gets to be about like mashed potatoes. Remove pot from heat and let cool enough to handle dough. Pour dough out on lightly floured clean surface and knead. The more you knead, the stretchier it becomes. Store in an airtight container. To save creations let air dry or with adult help bake in a slow oven (approx. 300 degrees) for several hours until hard. Dough can be painted or decorated when completely dry.